

# MY FIRST KNITTING SET INSTRUCTIONS

## Introduction

Read instructions completely before you start!

Your Set contains:

- Six skeins of yarn in three colours
- French Knitter
- Metal sewing needle
- Pair of wooden knitting needles
- Wooden French Knitter needle

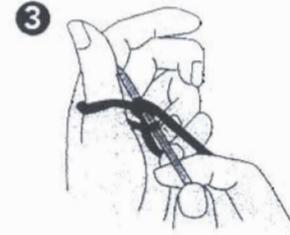
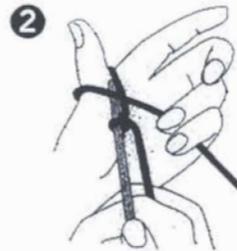
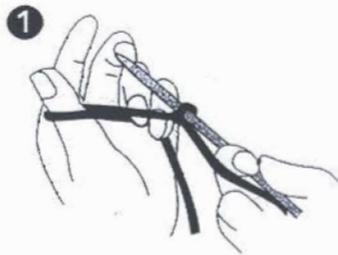
**Warning:** You will need to use scissors (not included) to complete your knitting projects. **Scissors should be used with the supervision of an adult at all times.**

It is a good idea to make a sample piece trying out the stitches and becoming comfortable with the knitting techniques. You can do this with the yarn in the set and then pull out the test piece to reuse the yarn.

In the beginning it may be difficult to hold the knitting needles and yarn correctly. Watch someone who knows how to knit and copy them as best you can!

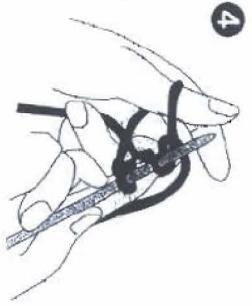
## CASTING ON

1. Casting on means putting the first stitches on the needle. Your project directions will tell you how many stitches you will need. To start, find the yarn end in the centre of the skein and pull out about 2.5 cm of yarn for every stitch you will be casting on. For example, if directions are to cast on 20 stitches, measure a little more than 50 cm from the skein and then make a slip knot with a loop. Put one needle through the loop and pull the end of yarn to tighten. Hold the needle in your right hand and wrap the yarn from the skein over your first finger. Hold the other end in the palm of your left hand. \* Wind the loose end of yarn around the left thumb from front to back.
2. Insert the needle upwards through the yarn on the thumb.
3. Take the yarn over the point of the needle with your right index finger.



3

4. Draw the yarn back through the loop on the thumb to form a stitch.
5. Remove the yarn from your left thumb and pull the loose end to tighten the stitch. Repeat from the \* until the required number of stitches has been cast on.
6. Refer to project directions for the correct number of stitches needed for the project you want to make. The stitches should be even and close to the same size. If not, pull out and try casting on again. It is important to have a smooth and even row of cast on stitches for the beginning row.
7. Once the required number of stitches have been cast on, ensure that they can slide easily on the needle rather than being too tight to move.



4



5

## KNITTING

1. Hold the needle with the cast on stitches between the thumb and index finger of your left hand.
2. Place the other needle (right needle) into the first stitch from front to back. The right needle will be under the left needle.
3. To hold the yarn, wrap the yarn from the skein around your right little finger, under the next two fingers and over the index finger. OR weave the yarn in and out between your little fingers.
4. Hold the strand of yarn attached to the skein in your right hand, always keeping it at the back of your work. Using your index finger wrap the yarn around the top of your right needle (under the left and over the top of the needle to the right).
5. Bring loop of yarn through the first stitch on your left needle. Slip the stitch off your left needle, placing the new stitch on your right needle. Keep the new stitch on your right needle and tighten it by pulling yarn firmly.
6. Repeat Steps 4 and 5 until you have knit the entire row from the left to right needle. Keep each stitch to be worked near the tip of the left needle - this makes knitting much easier!

